

Some of the Shoalhaven's popular surfing breaks are detailed in this booklet. As any surfer would know there are many great breaks that can be found with a bit of exploration and a useful 2-3m groundswell out of the east.

Two great sources of coastal data help predict where and when to go out. These are the Bureau of Meteorology (BOM) and National Oceanic and Atmospheric Administration (NOAA) with links given at the back of the brochure. By checking out what's happening on the waters in terms of wind, seas and swell, you can head out to a break you know will be working.

- Shoalhaven's Surf Spots**
1. Shoalhaven Heads
  2. Comerong Island
  3. Crookhaven Heads
  4. Culburra Beach
  5. Culburra Main
  6. Windy Gully
  7. Aussie Pipe
  8. Caves Beach
  9. Taboo
  10. Conneeley's
  11. Bendalong Beach
  12. Green Island
  13. Narrawallee Beach
  14. Mollymook Beach
  15. Golf Course Beach
  16. Dum - Dum's
  17. Pebbly Beach



The Shoalhaven region has some of Australia's best surfing waves to suit all styles and abilities. The local surf culture is fun and relaxed. There are plenty of waves to be caught all-year round and often a surfer can find the water all to themselves or sharing with a playful pod of dolphins. With water temperatures at a warm 22°C in summer and a balmy 15°C during winter, summer is the popular time for most beach-goers. Winter brings the deep low pressures and large southerly swells which surfers look forward to during the long summer months.



**Resources:**

Illawarra Coastal Waters, Port Hacking To Ulladulla & 60nm Seawards, New South Wales Coastal Waters Forecast, Bureau of Meteorology, website: [http://www.bom.gov.au/cgi-bin/wrap\_fwo.pl?IDN10023.html]  
 NOAA Wavewatch III, Pacific Ocean from Global - Wave Heights, website: [http://polar.ncep.noaa.gov/waves/main\_int.html]

**For more information contact:**



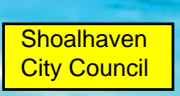
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# Shoalhaven SURFING Guide



# Popular SURF Breaks – North to South

## 1. Shoalhaven Heads – (Seven Mile Beach)

**Best Conditions:** Light NW-SW Winds, 2-3m E Groundswell

**Type of Break:** East facing beach break with sand banks only, providing 20-30m rides

**Not Suitable For:** Swimming outside of flags (strong rips and cross-current)

**How to Get There:**

From the Princes Highway in Bomaderry turn eastward on Bolong Rd. Follow Bolong Rd. all the way to Shoalhaven Heads and turn right into Shoalhaven Heads Rd. At the end turn left onto McIntosh Street and 150m later turn right into the surf club car-park. Walk to the beach.



## 2. Comerong Island (Commie)

**Best Conditions:** Light to Moderate W-SW-S Winds, 3m NE-E Groundswell

**Type of Break:** Nor-east facing, break-wall, peaky take-off with wide right-hander barrel

**Not Suitable For:** Swimmers (due to strong currents) and malibus/longboards (due to heavy shore-break)

**How to Get There:** Turn eastward from the Princes Hwy onto Moss St in Nowra. Follow this road parallel to the Shoalhaven River for approx. 8km. Cross the river at the car ferry (\$4 return/vehicle). Follow the dirt road out to the nor-eastern side of Comerong Island and turn right onto another dirt road. Follow this 3km to the car-park. Walk 2 minutes to the beach.

## 3. Crookhaven Heads (Crooky)

**Best Conditions:** Light NW-SW Winds, 2-3m E-NE Groundswell

**Type of Break:** East facing, reef break with long left-hander (30m rides). Barrels 2-3 times

**How to Get There:** Turn eastward from the Princes Highway in Nowra onto Kalandar Street. Follow signs to Culburra and once there turn left onto Prince Edward Ave. Follow 3km to the end of the road and go over two speed humps. Turn right into the car-park. Walk to the beach.

## 4. Culburra Beach

**Best Conditions:** Light W-SW Winds, Peaky 2-3m NE-SE Groundswell

**Type of Break:** Nor-east facing, beach break with many sand bars

**How to Get There:** Turn eastward from the Princes Highway in Nowra onto Greenwell Point Rd (Kalandar Street). Follow the signs to Culburra and once there turn left onto Prince Edward Ave. Turn right at any street along Prince Edward Ave and park at any cul-de-sac. Walk to the beach.

## 5. Culburra Main/Warrain Beach (Culburra Surf Club)

**Best Conditions:** Light N-NW-W-SW Winds, Solid 3m NE-ESE Groundswell

**Type of Break:** East-facing, 3 waves: Solid shore-break ideal for body-boarders, reef-break ideal for surfers and body-boarders and further down "The Lake" which has very good sand bars year-round. This beach can be protected from wind by the headland.

**Not Suitable For:** Malibus/longboards and swimming outside of flags (strong rips, cross-current and heavy shore break)

**How to Get There:** Turn eastward from the Princes Highway in Nowra onto Greenwell Point Rd (Kalandar Street). Follow the signs to Culburra and once there stay on the main road until turning right into Duke St. Then turn right into Eastbourne Ave and a quick left onto Farrant Ave. Park in the surf club car-park.

## 6. Windy Gully (Currarong Road)

**Best Conditions:** Light SW-S Winds, Solid 3m E Groundswell

**Type of Break:** Nor-east facing, numerous beach breaks and a selection of hollow reef breaks

**Not Suitable For:** Swimming (strong currents)

**How to Get There:** Drive eastbound from Nowra on Greenwell Point Rd (Kalandar St). Turn right at Pyree onto Pyree Lane and 5km later right onto Coonemia Rd. Follow to the end and turn left onto Currarong Road. After approx. 5km there are unsigned walking trails on the left that lead down to Windy Gully.

## 7. Aussie Pipeline/Black Rock (Summercloud Bay – Booderee NP)

**Best Conditions:** Light NW-NE Winds, Solid 3-4m SSE Groundswell

**Type of Break:** South-facing, A-Grade reef with 20m left-hander rides

**Not Suitable For:** Malibus/longboards

**How to Get There:** 10km south of Nowra follow Jervis Bay Rd off the Princes Highway and drive to Booderee National Park in Jervis Bay. Follow the road through the park and turn right onto Wreck Bay Rd. Turn left before reaching Wreck Bay Aboriginal Village and park in designated car-park. Walk 10 minutes out to Black Rock.

**Cost:** There is a \$10/day vehicle entry fee charged on entering Booderee National Park. Annual passes cost \$30. For more information please contact Booderee Visitors Centre on (02) 4443 0977.

## 8. Caves Beach (Booderee NP)

**Best Conditions:** Light NW-NE Winds, Peaky 2-3m SE Groundswell

**Type of Break:** South-facing, remote beach break with long right-hander off the point

**How to Get There:** 10km south of Nowra follow Jervis Bay Rd off the Princes Highway and drive to Booderee National Park in Jervis Bay. Just after the information centre turn right onto Cave Beach Rd. Follow to car-park and walk 5 minutes to the beach.

## 9. Taboo (Sussex Inlet Point)

**Best Conditions:** Light NW-W Winds, Peaky 3m E-SE Groundswell

**Type of Break:** Sou-east facing, long, hollow left-hander with shallow reef

**Not Suitable For:** Swimming and Malibus/longboards

**How to Get There:** 10km south of Tomerong turn off the Princes Highway onto Sussex Inlet Rd. Drive to Sussex Inlet and turn right into Sussex Inlet Rd. Turn right onto Government Rd and follow towards surf club. Before reaching surf club turn left onto unsigned dirt trail and follow past first car-park. Car-parking is available another 200m along the headland. Walk down the track to the reef-break.

## 10. Conneeleys (Sussex Surf Club)

**Best Conditions:** Light NW-W Winds, 2-3m E-SE Groundswell

**Type of Break:** Sou-east facing, 30m left-hander over reef and beach with wide barrels

**How to Get There:** 10km south of Tomerong turn off the Princes Highway onto Sussex Inlet Rd. Drive to Sussex Inlet and turn right into Sussex Inlet Rd. Turn right onto Government Rd and follow towards surf club. Before reaching surf club turn left onto unsigned dirt trail and park at first car-park. Walk down to reef break.



## 11. Inyadda Beach (Bendalong)

**Best Conditions:** Light NW-W Winds, Peaky 2-3m E-SE Groundswell

**Type of Break:** Sou-east facing, beach breaks with range of waves

**How to Get There:** Turn off the Princes Highway 3km north of Conjola onto Bendalong Rd. Drive into Bendalong and park at entrance of Bendalong Tourist Park. Walk 2 minutes to beach.



## 12. Green Island (Cunjurong Point)

**Best Conditions:** Light NW-W Winds, Solid 3-4m ENE Groundswell

**Type of Break:** East-sou-east facing, popular surfer's wave, long 40-50m rides with the occasional barrel

**How to Get There:** Turn off the Princes Highway 3km north of Conjola onto Bendalong Rd. In Bendalong turn right onto Inyadda Dr. Next turn right onto Berringer Rd and then left onto Cunjurong Point Rd. Finally, turn left onto Ottawa St and park in the car-park at end of the road. Walk down the trail to Green Island.

## 13. Narrawallee Beach

**Best Conditions:** Light W-SW Winds, 2-3m ESE Groundswell

**Type of Break:** East-facing, beach breaks with right hander along the headland

**How to Get There:** At the southern end of Milton, turn from the Princes Highway into Matron Porter Drive and follow 2.5km into Narrawallee. Turn right into Surfers Avenue, park the car and walk 1 minute to the beach.

## 14. Mollymook Beach

**Best Conditions:** Light NW-SW Winds, Peaky 3m E Groundswell

**Type of Break:** East-facing, beach and reef breaks offering a range of good waves

**How to Get There:** 1 km north of Ulladulla turn off Princes Highway into Golf Ave. Follow around bend and turn right into Mitchell Parade. Car-parking is available alongside the beach.

## 15. Collers Beach (Golf Course Reef)

**Best Conditions:** Light W-SW Winds, Peaky 3m E Groundswell

**Type of Break:** East-facing, 2 popular reef breaks, one left-hander and one right-hander offering 30 to 50m rides with barrel sections

**How to Get There:** 1 km north of Ulladulla turn off Princes Highway into Golf Ave. Turn right into Riversdale Ave and cross the golf course. Follow down to car-park on the water's edge. The reef breaks are just in front of and to the right of the car-park.

## 16. Dum-Dums (Lake Tabourie)

**Best Conditions:** Light NW-W Winds, Peaky 2-3m ESE Groundswell

**Type of Break:** Sou-east facing, shallow and hollow right-hander reef break with 20-30m rides

**How to Get There:** At Lake Tabourie turn off the Princes Highway into River Rd. Follow it around the bend and turn left onto Beach Street. Follow to car-park and walk 2 minutes to beach.

## 17. Pebbly Beach

**Best Conditions:** Light NW-W Winds, Peaky 2-3m ESE Groundswell

**Type of Break:** Sou-east facing, beach breaks with good sand banks

**How to Get There:** 8km south of Termeil turn off the Princes Highway onto Pebbly Beach Rd. Follow all the way down to Pebbly Beach. Walk 2 minutes to beach.